



# COMFA

The Core Outcome Measures  
for Food Allergy

COMFA Annual Meeting 2022  
10th – 12th October in Porto, Portugal

**COMFA Annual Meeting  
London, United Kingdom 11 – 12 May 2023**

**Thursday, 11 May 2023**

Primary objective: To reach a final agreement on the core outcome set in food allergy, completing the COMFA project

09:30 - 10:00	<b>COMFA meeting Registration</b>
10:00 - 10:10	<b>Welcome and Introduction</b> Robert Boyle, Imperial College London, UK Christian Apfelbacher, University of Magdeburg, Germany Daniel Munblit, King's College London, UK
10:10 - 10:30	<b>COMFA Project Overview</b> Daniel Munblit, King's College London, UK
10:30 - 10:45	<b>Results of the Delphi Process</b> Anastasia Demidova, Independent Researcher, Cyprus
10:45 - 11:00	<b>Q&amp;A Session</b>
11:00 - 11:15	<b>Coffee-break</b>
11:15	<b>Introduction of the meeting facilitator</b>
11:15 - 12:30	<b>Included and Excluded Outcomes Presentation, Discussion and Voting</b> <ul style="list-style-type: none"> <li>• Presentation of the outcomes that were included and excluded in the Delphi process</li> <li>• Breakout group discussions to further explore the included and excluded outcomes</li> <li>• Voting</li> </ul>
12:30 - 13:30	<b>Lunch Break</b>
14:00-15:15	<b>Presentation of Outcomes Neither Included nor Excluded, Discussion and Voting</b> <ul style="list-style-type: none"> <li>• Presentation of the outcomes that were included and excluded in the Delphi process</li> <li>• Breakout group discussions to further explore the included and excluded outcomes</li> <li>• Voting</li> </ul>
15:15-15:30	<b>Coffee-break</b>
15:30-16:45	<b>Discussion and Voting on Outcomes Neither Included nor Excluded</b> <ul style="list-style-type: none"> <li>• Breakout group discussions to further explore the included and excluded outcomes</li> <li>• Voting</li> </ul>
16:45-17:00	<b>Results of the first day and Closing Remarks</b> Robert Boyle, Imperial College London, UK Christian Apfelbacher, University of Magdeburg, Germany Daniel Munblit, King's College London, UK
18:30 - 20:30	<b>COMFA Social Dinner</b>

**Friday, 12 May 2023**

Primary objective: To discuss the implementation, dissemination, and future research directions for the agreed-upon core outcome set in food allergy

09:30-9:45	<b>Welcome and Recap of Day 1</b> Christian Apfelbacher, University of Magdeburg, Germany
9:30-10:30	<b>Interactive Discussion of the final Core Outcome Set and Implementation Strategies for the Core Outcome Set</b> <ul style="list-style-type: none"> <li>• Final arguments and remaining voting (if needed)</li> <li>• Presentation and discussion on best practices for implementing the core outcome set in clinical trials and observational research of interventions</li> <li>• Further work required for adaptations to use in clinical practice</li> </ul>
10:30-11:00	<b>STSM Presentations</b>
11:00-11:15	<b>Coffee-break</b>
11:15-13:15	<b>COMFA Management Committee meeting</b> Moderation: Daniel Munblit, King's College London, UK
13:15-13:30	<b>Closing Remarks</b> Robert Boyle, Imperial College London, UK Christian Apfelbacher, University of Magdeburg, Germany Daniel Munblit, King's College London, UK